

CURRICULUM VITAE

- 1.Name:** Dr. Hiteshkumar Ravjibhai Pansuria
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5.E-Mail id: hiteshpansuria@yahoo.com
6.Date Of Birth: 08 May 1973
7.Gender: Male
8.Marital Status: Married
9.Nationality: Indian
10.Hobbies: Sports, Music, Mountaineering, Reading, Cultural activities
11.Language Known: Gujarati, Hindi, English

12. Education Qualifications:

Name of The Degree	Board/University	Subject	Year Of Passing	Percentage [%]	Result / Class
Ph.d	Saurashtra University,Rajkot	Physical Educatioa	2014	-----	Pass
M.Phil.	Gujarat Vidyapith Ahmedabad.	Physical Education	2011	74.80 %	Distinction
M.P.Ed	Gujarat Vidyapith Ahmedabad.	Physical Education	1997	60.95 %	First
B.P.E.	Gujarat Vidyapith Ahmedabad.	Physical Education	1995	62.81 %	First
B.A.	Bombay Hindi Vidyapith Bombay.	Hindi	1995	45.00 %	Pass
H.S.C.	Gujarat Secondary Edu. Board, Gandhinagar.	Arts	1992	52.00 %	Second
S.S.C.	Gujarat Secondary Edu. Board, Gandhinagar.	Arts	1989	51.00 %	Second

13. Faculty Development programmes attended:

Sr. No.	Name Of Course	Date	Subject	Sponsored by	Venue
1	Orientation Programme	31-05-2010 To 27-06-2010	Physical Education	U.G.C. ASC	Academic Staff College Gujarat University Ahmadabad
2	Refresher Course	20-06-2011 To 10-07-2011	Physical Education	U.G.C. ASC	Academic Staff College Gujarat University Ahmadabad

14. Articles / Research Paper :

- 1 A Research paper entitled “**A Study Of Diet and Health Related Habits of professors of colleges Affiliated to Veer Narmad south Gujarat University**” was Published in Research Zone India (A journal of Multi Disciplines) Volume-2,Issne-(3), page No.105-106,Jun,ISSN No.-2319-8168, adition,2014: Published from Bhavnagar,(Gujarat, India).
- 2 A Research paper entitled (Articles) “**Managing Stress At Work**” was Published in Ramat Jagat Volume-7,No.-51&52,Augst,ISSN No.-2250-1428, adition,2012: Published from Gandhinagar (Gujarat, India).
- 3 A Research paper entitled (Articles) “**Benefits of Meditation in Corporate Life**” was Published in Ramat Jagat Volume-8,No.-31&32,September,Issn No.-2250-1428, adition,2012: Published from Gandhinagar (Gujarat,India.).
- 4 A Research paper entitled (Articles) “**Meditation is Necessary in Recent Life**” was published in Ramat Jagat Volume-6, No.-09&10, February, Issn No.-2250-1428, addition, 2013: Published from Gandhinagar (Gujarat, India.).

15. Research Experience:

1. A SURVER OF FACILITIES IN PHYSICAL EDUCATION AND SPORTS IN SECONDERY SCHOOLS OF GONDAL TALUKA.
2. A STUDY OF DIET, HEALTH HYGINE HABBITS AND BODY COMPOSITION IN THE LECTURERS OF SURAT CITY COLLEGES AFFILIATED TO VEER NARMAD SOUTH GUJARAT UNIVERSIOTY.
3. A COMPARATIVE STUDY OF DIET, HEALTH – HYGIENE ANDBODY MASS INDEX OF TEACHERS OF COLLEGES AND SECONDARY SCHOOLS OF SURAT CITY.

(A) International :

- (1)Cross Disciplinary International Seminar Presented Paper on“**Effect of Yoga and Gymnastics Training Programme on Selected Components of Physical Fitness**” May 2011,organized By Hamchandracharya North Gujarat University,Patan,(Gujarat,India).

(B) National :

- (1) National Seminar on Phy.Edu,Sorts Mgt. & Sports Sciences Presented Paper on“**Role of Teacher Education in Social Change.**” Organized By: Gujarat State University & Colleges. Phy.Edu.Teachers Association in Callibration,on19th & 20th Fub.2010 Venue: B.P.B.Arts &M.H.G.Comm.&K.I.Patel Education Campus, Unjha, Gujarat,India.
- (2) National Seminar on Phy.Edu,Sorts Mgt. & Sports Sciences Presented Paper on“**Athletic injuries Psychological Rehabilitation.**” Organized By: Gujarat State University & Colleges.Phy.Edu.Teachers Association in Callibration,on 11th & 12th Jan.2011 Venue: P.R.B.Arts & P.G.R. Comm. College Bardoli, Gujarat, India

- (3) U.G.C.Sponsored National Level Seminar on Phy.Edu. & Sports Sciences Presented Paper on **“Yoga For Stress Relife.”** On 6th & 7th March 2011 Organized By: Department of Phy.Edu. A.P.Patel Arts & N.P.Patel Comm. College Ahmadabad,Gujarat,India.
- (4) Participated in the UGC Sponsored National Level Seminar Held on 27th to 29th February 2012 **Modern Trends in Physical Education and Sports** Organized by M.D.Phy.Edu.Mahavidyalaya Gujarat Vidyapith Sadra.Gujarat,India.
- (5) National Level Seminar Presented a Paper On **“Fitness Improving Through Sun Solution SuryaNamaskar ”** Organized By Department of Phy. Edu. S.V.N.I.T. Surat. (Gujarat) Venue: Sardar Vallabhbai National Institute of Technology,Surat, Gujrarat,India. On 3rd &4th March 2012.
- (6) U.G.C.Sponsored National Level Training Workshop Cum Seminar on Phy.Edu. & Sports Sciences, Presented Paper on **“Meditation is Necessary in Recent Life”** Organized By Swarnim Gujarat sports university Gandhinagar,Gujarat,India.

(C) State :

- (1) State Level Seminar on Phy.Edu,Sorts Mgt. & Sports Sciences Presented Paper on**“Role of Yoga in Stress Disorder With Special Reference to Coronary Artery Disease.”** Organized By: Gujarat State University & Colleges. Phy.Edu.Teachers Association in Callibration,on 7th & 8thMarch.2009 Venue: A.P.Patel Arts & & N.P.Patel Comm.College,Ahmadabad,Gujarat.India .
- (2) Participated in the State Level Seminar Held on 28th February to 2nd March 2014 **Modern Trends in Physical Education and Sports** Organized by Mahadev Desai Sharirik shikshan Mahavidyalaya Gujarat Vidyapith Sadra.Gujarat,India.
- (3) Participated in the State Level **Krutee Shikshan Seminar** held on 8th to 9th September 2012 ShriJ.B.Dharukawala Mahila Arts College, Surat,Gujarat.India.
- (4) Participated in the State Level Swarnim Gujarat Seminar on Gyan Shakti,Yuva Shakti and Development held on 21th April 2011 **Organized By** Education Department Government of Gujarat.Venue:Veer Narmad University, Surat,Gujarat,India.

(D) Work Shop:

- (1) Participated in the National Workshop on Reserch Methodology in Phy.Edu.Held on 30th&31thOct.2006, **Organized by:** C.P.D.Coll.of Phy.Edu.Rajpipla in Collaboration With Depart. of Comp. Scie. & Applied Statistics LNIPE Gwalior **Venue: Shri** C.P. Degree. Coll.of Phy. Edu. Rajpipla, Gujarat, India.
- (2) Participated in the Workshop on Latest Changes Of Rules and Regulation of Various Games & Sports in Phy.Edu Held on 8th&10th2011 **Organized By:** Department to Phy.Edu.Veer Narmad South Gujarat University, Surat. Venue: SAG Centre Saputara, Gujarat,India.

(E) Conference:

- (1)Participated in the 33thAnnual Conference of the forum of the teachers of Economics Held on 2012 Shri J.B. Dharukawala Mahila Arts College & Shri J.D.Gabani Commerce College & Shri S.A.S. Coll. Of Mgt. Surat, Gujarat, India.

17. Sports Achievement:

Sr. No.	Games Sports	District Level	State level	All India Inter-Uni.	Place	Year	Remark
1.	Basketball			2	Gwalior(M.P.) Gwalior(M.P.)	1994-1995 1996-1997	Participated. Participated.
2.	Handball			2	Calicut(Kerala) Annamali Nagar (Madras)	1994-1995 1996-1997	Participated. Participated.
3.	(Rural) Handball	1			Chhloda, Dahegam Ahmadabad.	1992-1993	Winner
4.	(Winter) Handball		1		Kachh-Bhachav (Gujarat)	1991-1992	Winner
5.	(Rural) Basketball	1			Derdi(Ku.),Rajkot, Gujarat	1987-1988	Winner
6.	(Winter) Basketball	1			Derdi(Ku.),Rajkot, Gujarat	1987-1988	Winner
7.	Basketball	1			Gondal (Rajkot) Gujarat	1986-1987	Winner

18. OFFI CITINGS EXPERIENCE :

Sr. No.	Name of The tournament	Level of offi citing	Organised	Year
1	Basketball	Inter college	M.D.Phy.Edu. Mahavidyalaya Sadra Gujarat Vidyapith Ahmadabad	1992-93
2	Volleyball	Inter college	M.D.Phy.Edu. Mahavidyalaya Sadra Gujarat Vidyapith Ahmadabad	1992-93
3	Kabaddi	Inter college	M.D.Phy.Edu. Mahavidyalaya Sadra Gujarat Vidyapith Ahmadabad	1994-95
4	Athletics	Inter college	M.D.Phy.Edu. Mahavidyalaya Sadra Gujarat Vidyapith Ahmadabad	1995-96
5	Handball	Inter college	M.D.Phy.Edu. Mahavidyalaya Sadra Gujarat Vidyapith Ahmadabad	1995-96
6	Kho-Kho	Inter college	M.D.Phy.Edu. Mahavidyalaya Sadra Gujarat Vidyapith Ahmadabad	1995-96
7	Handball (M/W)	Inter University South & west Zone	M.D.Phy.Edu. Mahavidyalaya Sadra Gujarat Vidyapith Ahmadabad	1998-99
8	Handball (M/W)	¹⁰ th West Zone Inter State Championship	Gujarat state HandBall Association Ahmadabad (Promoted By H.F.I.)	1998-99
9	Kabaddi	Inter college	Krushni vignan kendra Sadra Gujarat Vidyapith Ahmadabad	1995-96
10	Athletics	Inter college	Krushni vignan kendra Sadra Gujarat Vidyapith Ahmadabad	1995-96
11	Athletics	Taluka Level	M.D.Phy.Edu. Mahavidyalaya Sadra Gujarat Vidyapith Ahmadabad	1996-97
12	Kabaddi	District Level	Pre.centar school, Dasela (Gandhinagar)	1995-96
13	Handball (M)	VNSGUni. Inter college	P.R.B.Arts&P.G.R.Comm.Coll.Bardoli	2003-04
14	Handball (M)	VNSGUni. Inter college	Shri C.P.D.Coll.of Phy.Edu.Rajpipla	2004-05
15	Handball (M)	VNSGUni. Inter college	P.R.B.Arts&P.G.R.Comm.Coll.Bardoli	2005-06
16	Kho-Kho (W)	VNSGUni. Inter college	Arts & Comm.&Sci.College.Kholvad	2006-07
17	Handball (M)	VNSGUni. Inter college	Shri C.P.D.Coll.of Phy.Edu.Rajpipla	2006-07

18	34 th Athletics Meet (M/W)	VNSGUni.Inter college	V.N.S.G.University,Surat	2006-07
19	35 th Athletics Meet (M/W)	VNSGUni.Inter college	V.N.S.G.University,Surat	2007-08
20	36 th Athletics Meet (M/W)	VNSGUni.Inter college	V.N.S.G.University,Surat	2008-09
21	Kabaddi (W)	VNSGUni.Inter college	Arts & Comm.&Sci.College.Kholvad	2008-09
22	Handball (M)	VNSGUni.Inter college	S.S.Agraval College of Comm.& Mgt.Navsari	2008-09
23	Handball (M)	VNSGUni.Inter college	Shri C.P.D.Coll.of Phy.Edu.Rajpipla	2009-10
24	Kabaddi (M)	VNSGUni.Inter college	Shri J.D.Gabani Commerce College Surat	2006-07
25	Kho-Kho (W)	VNSGUni.Inter college	Shri J.B.D.Mahila Arts College,Surat	2007-08
26	37 th Athletics Meet (M/W)	VNSGUni.Inter college	V.N.S.G.University,Surat	2009-10
27	38 th Athletics Meet (M/W)	VNSGUni.Inter college	V.N.S.G.University,Surat	2010-11
28	39 th Athletics Meet (M/W)	VNSGUni.Inter college	V.N.S.G.University,Surat	2011-12
29	Athletics (Khel mahakumbh)	State Level	Sports authority of Gujarat (Surat)	2011-12
30	Handball (M)	VNSGUni.Inter college	Shri M.K.College of commerce,Bharuch	2010-11
31	Handball (M)	VNSGUni.Inter college	Shri C.P.D.Coll.of Phy.Edu.Rajpipla	2011-12
32	Kabaddi (W)	VNSGUni.Inter college	Shri J.B.D.Mahila Arts College,Surat	2011-12
33	40 th Athletics Meet (M/W)	VNSGUni.Inter college	V.N.S.G.University,Surat	2012-13
34	Handball (W)	VNSGUni.Inter college	Shri J.D.Gabani Commerce College Surat	2012-013
35	Handball (M)	VNSGUni. Inter College	Shri M.K.College of commerce,Bharuch	2012-13
36	Basketball (W)	VNSGUni.Inter college	Shri J.D.Gabani Commerce College & Shri S.A.S. Coll. of Mgt. Surat	2013-14
37	41 th Athletics Meet (M/W)	VNSGUni.Inter college	V.N.S.G.University,Surat	2013-14

19. TOURNAMENTE ORGANIZED :

Sr. No.	Name of the Game	Level of tournament	Venue	Year
1	Basketball	Gujarat Vidyapith Inter college	M.D.Phy.Edu. Mahavidyalaya Sadra Gujarat Vidyapith Ahmadabad	1992-93
2	VollyBall	Gujarat Vidyapith Inter college	M.D.Phy.Edu. Mahavidyalaya Sadra Gujarat Vidyapith Ahmadabad	1992-93
3	Kabaddi	Gujarat Vidyapith Inter college	M.D.Phy.Edu. Mahavidyalaya Sadra Gujarat Vidyapith Ahmadabad	1994-95
4	Athletics	Gujarat Vidyapith nter college	M.D.Phy.Edu. Mahavidyalaya Sadra Gujarat Vidyapith Ahmadabad	1995-96
5	Handball	Gujarat Vidyapith Inter college	M.D.Phy.Edu. Mahavidyalaya Sadra Gujarat Vidyapith Ahmadabad	1995-96
6	Kho-Kho	Gujarat Vidyapith Inter college	M.D.Phy.Edu. Mahavidyalaya Sadra Gujarat Vidyapith Ahmadabad	1995-96

7	Kabaddi (M)	VNSGUni.Inter college	Shri J.D.Gabani Commerce College Surat	2006-07
8	Kho-Kho (W)	VNSGUni.Inter college	Shri J.B.D.Mahila Arts College &Shri J.D.Gabani Commerce College Surat	2007-08
9	Handball (W)	VNSGUni.Inter college	Shri J.D.Gabani Commerce College Surat	2012-13
10	BasketBall (W)	VNSGUni.Inter college	Shri J.D.Gabani Commerce College & Shri S.A.S. Coll. of Mgt. Surat	2013-14
11	Tennis (M)	West zone Inter Uni.	V.N.S.G.Uni.Surat	2013-14

20. OTHER :

1. **Member** of Veer Narmad South Gujarat University (Board of Sports) Handball Selection committee, Surat.
2. **Member** of Gujarat State University & Colleges Phy.Edu.Teachers Association, Ahmadabad.
3. **Member** of Veer Narmad South Gujarat University Phy.Edu.Teachers Association Surat.
4. Team Manager In Rajkot (Rural) District. Winter Handball (M) Team, State Level Winter HandBall (M)Tournament, held At- Rajkot-1990-91.
5. Team Manager In Rajkot (Rural) District. Handball(M)Team, Stat Level HandBall (M)Tournament, held At- Kachh-Bhuj-1991-92.
4. Team Manager In Veer Narmad South Gujarat University, Surat (Kho-Kho (W)-Team), **West & South Zone Inter Uni. Kho-Kho (W) Tournament**, held at M.S.University Tirunelveli (Tamil nadu)- 2007-08.
5. Team Manager Come Coach In Veer Narmad South Gujarat University, Surat (Handball (W)-Team), **West Zone Inter Uni. Handball (W) Tournament**, held at Jay Narayan Vyash Uni. Jodhpur (Rajasthan)- 2012-13.
6. Team Manager In Veer Narmad South Gujarat University, Surat (Basketball (W)-Team), **West Zone Inter Uni. Basketball(W)Tournament**, held at Hamchandracharya North Gujarat University, Patan, (Gujarat, India).- 2013-14.
7. This is to certify that the above Mentioned Cadet has passed the certificate A Examination held 1988 under the authority of Ministry of Defence, Government of India. **GRADING-“C”**.
8. School Level **2nd Guj. BN NCC ANNUAL TRAINING CAMP**, Held at Parabavdi (Rajkot, Gujarat)-1986-87.
9. M.D.Phy.Edu. Mahavidyalaya Sadra, Gujarat Vidyapith Ahmadabad, N.S.S.Camp Participated From 1993 To 1995 (3 years) & 1996-1997 (2 Years).
10. This is to certify that he has attended and completed The 133Th **Basic Course in Rock Climbing** Conducted By Gujarat State Mountaineering Institute-Junagadh-1991-92.
11. This is to certify that he has got **2nd prize in brain working competition** (finding treasury org. Gujarat Vidyapith Ahmadabad -1994-95.)
12. Youth services and cultural activities, Gandhinagar with youth hostel association of India, Bhavnagar organized **oceanic coastal area adventuring** and he had participated-1991-1992.